



**fpa\***

Family Protection  
ASSOCIATION

# DE HOME FENSE



# TECHNIQUES

A SPECIAL REPORT

# IMPROVING HOME DEFENSE



**H**ome security is a serious issue for preppers. When it comes to security in general one really cannot be ‘too’ prepared. It can’t be ignored we all have our bug out plans. As a community we’ve made such a hoopla about bug out bags it’s pretty much what we are known for. Bugging out can be a very viable plan, especially those living in major cities, or even not so major ones. Even a small city could become a frenzy of riots, and lack of food, so bugging out has it’s place.

Well, what if your plans are to bug in? To ride out the coming storm in your own home? Clearly this is a safer, and potentially easier option, especially for those with families. You can bunker down, arm up, and live on more than the supplies you can carry on your back. This is still a viable option. The main problem with being bugged in is the potential for violence from individuals, gangs of thieves, and any kind of other ner do wells seeking to liberate your preps, your guns, and your life from you.

Your bug in location needs to be defensible, and this is from both violent threats, and the

threats that are simply your traditional burglary. You may have to leave home for one reason or another, and this may leave your preps unprotected, and perfect for a desperate thief. You do have to occasionally sleep as well, and the chances of a sneaky burglar are quite low, but desperate people do desperate things.

## **BUYING A GUN** \*

The best defense is most a strong offense. A gun is a force multiplier I shouldn’t have to explain. A gun can even the odds between a 90 pound, frail old lady, and a linebacker sized thug, or a man defending his family from a gang of hoodlums. Inside your home you can utilize a long gun, a shotgun or rifle, to defend your home.

Guns end fights. An AR 15 or a Remington 870 can keep the invading horde away in the middle of the night. Just buying a gun is not enough to always defend your family. You will need ammo, magazines, a good sling, and practice. Practice, and training. Seek out a competent firearms instructor and learn to defend yourself. Practice, be skilled at all aspect of manipulating your weapon.

## HOME SECURITY SYSTEMS\*

Home security systems are pretty neat. They promise a wide variety of features which can be anything from a simple loud alarm being raised to something advanced like video monitoring on your smartphone. These security systems promise a whole lot, and they might even be worth it. A Rutgers' study showed homes with alarms were less likely to be robbed, and communities in general are safe when security systems are used.

With all that being said is an alarm system good for a prepper's home defense plan? Well, I would say yes for a few reasons, and no for one main reason. The main 'no' would be the likely collapse of our delicate power grid. Alarms need electricity.

So why is an alarm system a good idea? First off prior to a SHTF situation you probably have a good little bit of money invested in numerous preps and supplies. It would be a real shame if they got stolen, or any part of your preps, got stolen before anything bad could even happen. So prior to a collapse the protection of preps is still a good reason.

After the collapse and pre grid failure an unmonitored alarm system can still alert you of any intruders. An unmonitored alarm system simply runs off electricity and requires no monthly subscription fee. These systems like the Simplisafe, or Lowe's Iris are examples of unmonitored systems.

## UPGRADES



***Upgrade your locks!*** I can't stress that enough. I, as a homeowner never realized how poor my locks were on my stock standard doors. In fact the locksmith who installed my new locks showed me easy and simple it was to open my locked doors. He did it without leaving a clue.

So what kind of locks? There is an industry standard for locks, and a variety of grades. The strongest grade, Grade 1, is not that expensive. We are talking about 50 bucks per lock, which depending on the amount of doors you have isn't too terrible of an investment.

After the SHTF factor when security becomes more important than aesthetics, you could also install deadbolts as well. Top and bottom deadbolts makes it very hard to kick a door in. Again deadbolts are what, 12 bucks.



***Security Window Film*** 3m, makers of pretty much everything, have created a unique and interesting way to increase your security. protecting windows as means of entry has always been popular, but planting steel, or iron bars on your window is unsightly, expensive and a fire hazard.

3m created a window film that easily attaches to the glass on your windows and instantly improves security. the film makes your windows near shatterproof. Not unbreakable, but shatterproof. When a thief tries to smash a window in instead of the window shattering, the glass breaks, but the films holds it all together. So the thief still can't get in through the window without trying to cut the film and break more glass.

Believe it or not there is a lot of things you can do around the house to improve your security that do not require any money to do so. Some of it maybe common sense for those out there with security on the brain 24/7. Some people maybe doing things that make them unsafe without even realizing it.

***Locking up the tools*** So when it comes to security it's critical that you plan ahead. You see once you begin focusing on securing your home you may get tunnel vision and ignore the security needs outside the home. Tools, are excellent to break into home, a sledgehammer can deal with most doors, a crow bar can pry and we all know what a chainsaw can do. When you lock up your home, it may be in vain if someone has access to your own tools.

Clearly the idea is that you must lock up your tools, especially the ones that can aid in breaking and kicking down your door.



***Do Some trimming*** Do you have high bushes? Garden variety or all natural? I suggest trimming anything that's tall enough for someone to hide behind. Any thief worth his merit is going to be terrified of wide open spaces, and open fields of observation. In Afghanistan we used open fields as a security measure for our patrol base. The effective range of AN AK 47 in trained hands is around 300 meters, and we have in over 300 meters in open visibility.

Coming across an open field leaves one immensely vulnerable and easy to spot and for a violent attacker makes them easier to shoot if necessary.

## POST SHTF

So once everything goes to hell and the world is crumbling around you the same old pre collapse security may not be the best for a post collapse world. Do not get me wrong, the steps I listed above should still be followed. You should have good locks, locked up tools, pruned hedges, etc. However in a post collapse world there are a wide variety of different tactics you can use to further enforce your home.

Let's face it, stringing a hundred strands of c wire up just isn't socially acceptable for an everyday scenario. The collapse situation however is one where social norms and acceptance are not a primary issue, survival is. So what else can you do to secure your home?

## BARRIERS

For those with long driveways you may decide to make it more difficult for some to simply cruise down the road. Small barrier made from nothing more than dirt can slow a vehicle down. This small barrier only needs to be a few feet high, and positioned in a serpentine manner. This allows access to the driveway, but slow controlled access. This barriers can be built a variety of different ways, from dirt hills, to an arrangement of 20 gallon planting pots full of dirt. Of course if you have an abundance of materials you could

materials from wood, or even concrete.

Barriers can help control roads as well as driveways for a united community. They simply need to be arranged in a staggered formation to make people turn left or right to steer in between them. This slows vehicles down significantly, and makes it nearly impossible for a mobile attack.

## BARBED WIRE



Oh yeah, a great way to ruin someone's day is a few strings of barbed wire. I suggest barbed wire over c wire for a few reasons, the first is cost, barbed wire is much cheaper, and another big factor is availability. Any hardware store worth it's salt will carry barbed wire. Barbed can be purchased and stored very easily and hidden very well. It lasts too, as long as it's stored in a dry place rust won't become an issue.

### *Tactic 1*

Of a barbed wire fence is good at slowing people down, but it can be diverted or cut. A better tactic is to use the fences to funnel people. People in general will pursue the path of least resistance. So if they see a gate, why cut or try to go through the wire. A gate or controlled entry point is makes it very easy to funnel a group or an individual in one area, making it much easier to locate and target a potential threat.

### *Tactic 2*

Another way to slow people down is too lay barbed wire down on the ground in very tight lines. The wire should be lain in strands roughly ten inches apart and a few inches off the ground. This makes it a nightmare to navigate and slows people trying to cross it. This is a similar trick people use to keep deer from their gardens. The wire acts as a potential tripping obstacle, but is easy to spot. So people either have to lift their legs exceptionally high, or trip and fall in the mess. This doesn't work as a complete barrier, but it does slow potential attackers down. (Again this should be used post collapse, as it opens you up to liability issues and lawsuits.)





## OP SEC

Op Sec, aka Operational Security should be practice at all times, post and pre collapse, disaster, shtf scenario. Ever hear the saying ‘Loose lips sink ships?’ that is a saying originating during the Great War. Essentially is Sailor Bob tells his wife battle plans, Misses Bo’s wife may innocently tell another, and another, and another, until someone unfavorable mentions it and bad things happen to Sailor Bob and his ship.

So how does Op Sec affect you? Well first off it comes down to your preps. You are prepared, you have invested your time and hard earned money into purchasing food, water, weapons, ammo, etc, and it is yours. If you start telling people about all your preps before the situation gets rough it seems pretty innocent. You’re not bragging, perhaps just sharing a hobby, or trying to convince another the importance of prepping.

However if the situation gets bad, and those people get desperate, well, hungry people are desperate people. Desperate people do desperate things out of fear, and your closest neighbor could become a threat overnight. So your preps should be hush hush, and your family should be aware of the need for discretion. Avoiding a threat means is not a threat, and provides a much happier life for you and yours.

## ***YOUR CASTLE \****

A castle is something that should be defended and protected, however you cannot do it alone. Your castle needs to be strong enough to protect itself. Putting some time and effort into your home can pay off in tens before and after the collapse. The big bad wolf can huff and puff and blow a straw house down, but he has a bit more trouble with a castle made of stones.